

international traditional karate seminar conducted by

AVI ROKAH 6 Dan **STARA WIEŚ, POLAND 2012**

Avi Rokah 6 Dan – student and assistant of Sensei Hidetaka Nishiyama. He started karate training when he was 15 years old. Right after he had completed military service in Israel, he moved to the United States at the age of 21. He has continued practising karate under supervision of Nishiyama Sensei. From that time he spent every day at Sensei's Dojo and shares his knowledge all over the world. He is the one who introduced karate to many traditional karate practitioners in the world. Except for his experience as an instructor, Avi Rokah is a repeated US champion in kumite and the world champion in team kumite from 1994 (Treviso, Italy).

This year course held by Sensei Avi Rokah is the continuation of the seminars conducted annually by Nishiyama Sensei in Poland since 1992. The seminar will be coordinated by **Sensei Włodzimierz Kwieciński 7 Dan ITKF** – coach of the traditional karate national team of Poland and Chairman of the Traditional Karate Federation of Poland.

DATE

11 May (Friday) – 13 May (Sunday) 2012

SEMINAR SITE

Japanese Martial Arts and Sport Centre „Dojo-Stara Wieś”

address: Stara Wieś 1, 97-570 Przedborz

(Lodzkie voivodship, Przedborz borough, radomszczanski district)

click on the link to the map: http://www.karate.pl/dojo_stara_wies_investment.php

HOSTED BY

Traditional Karate Federation of Poland

90-057 Lodz, 85/87 Sienkiewicza Street

phone + 48 42/632-85-79 or +48 42/632-97-59

e-mail: pzkt@karate.pl, www.karate.pl

PARTICIPATION REQUIREMENTS

1. The seminar is available **ONLY FOR BLACK BELTS AND CANDIDATES FOR EXAM FOR MASTER GRADE WITH 1 KYU.**
2. All participants must have valid International Insurance.

REGISTRATION

11 May (Friday) from 5 p.m. to 8 p.m. - at the seminar office (reception of the Japanese Martial Arts and Sports Centre „Dojo-Stara Wieś”)

COST

Participation Fee 200 PLN
1-Day Participation Fee 130 PLN

BOARD AND ACCOMMODATION OFFER

OPTION 1 – Board and accommodation at the „Dojo-Stara Wieś“

Cost: 376 PLN/person

This price includes:

- Accommodation (2 nights: 11/12 May and 12/13 May)
- Board (supper on Friday (May 11); breakfast, lunch and supper on Saturday (May 12); breakfast, lunch on Sunday (May 13))

- 1) **Preliminary reservations will be accepted by 25 April 2012 (Wednesday). Please send your reservation by e-mail to pzkt@karate.pl.**
- 2) **After you receive confirmation about availability of places, please send your reservation on the attached Application Form 1 by e-mail: pzkt@karate.pl and transfer money via bank by 2 May 2012 (Wednesday).**
- 3) **Payment of the total amount should be transferred to the following account:**

| | |
|-------------------------|---|
| Name of beneficiary: | Polski Związek Karate Tradycyjnego |
| Address of beneficiary: | 85/87 Sienkiewicza Street, 90-057 Lodz (Poland) |
| Name of bank: | DEUTSCHE BANK PBC S.A. |
| Address of bank: | Al. Armii Ludowej 26, 00-609 Warsaw (Poland) |
| Bank account: | PL 37 1910 1048 2260 0155 7967 0001 |
| SWIFT: | DEUTPLPKXXX |
| Title: | “Seminar with Avi Rokah 11-13 May 2012” |

Important:

1. **Number of places at the centre “Dojo-Stara Wieś” is limited.** We advise to make your reservation as soon as possible.
2. Accommodation at the centre is available **only for participants of the seminar.**
3. Please take your own towels.

OPTION 2 – Board at the „Dojo-Stara Wieś“ (without accommodation)

Cost of meals:

| | |
|--|--------|
| - Breakfast | 13 PLN |
| - Lunch | 28 PLN |
| - Supper | 22 PLN |
| | |
| - All-day meal package (breakfast, lunch, supper) | 60 PLN |

1. **If you are interested in reserving meals during the seminar please send your reservation on the attached Application Form 2 to the following e-mail: savoy@savoy.com.pl and transfer money via bank to the following account by 4 May 2012 at the latest:**

| | |
|-------------------------|--|
| Account number: | PL 36 1750 0012 0000 0000 1254 6793 |
| Name of Beneficiary: | J&M Zieliński Catering s.c. |
| Address of Beneficiary: | 6 Traugutta Street, 90-107 Lodz (Poland) |

Remark!

*Board will be guaranteed only for participants who will make reservation in the term given.
For others – depending on availability of products.*

2. **Any questions concerning meal reservations and payment for meals please direct to this e-mail: savoy@savoy.com.pl**

*Włodzimierz Kwieciński
Chairman
Traditional Karate Federation of Poland*