

The tradition continues ...

传统空手道

## International Traditional Karate-Seminar 2006

with

- Karate-Worldchampion
- 6 x USA-National-Champion
- Assistent of Master H. Nishiyama 9. Dan

Sensei AVI ROKAH 6. Dan

Date:

Friday 3<sup>rd</sup> . -

Sunday 5<sup>th</sup> .

November

2006



Place:

Hauptschule Europaschule  
Europaallee 1

**2700 Wiener Neustadt - AUSTRIA**

presented by



*Niederösterreichischer  
Traditioneller  
Karate Verband*



**Hosted by:** Shotokan Karateclub Wiener Neustadt

**Organised by:** Shotokan Karateclub Wiener Neustadt  
Lower Austrian Traditional Karate Federation

**Sanctioned by:** Austrian Traditional Karate Federation

**Patronat:** Bernhard Müller  
Mayor of the City of Wiener Neustadt

## **Introduction:**

Sensei Avi Rokah was born in Tel Aviv/Israel and emigrated after he had finished the military service, in the age of 21 years to the USA to study Traditional Karate under the supervision of **Master Hidetaka Nishiyama 9. Dan.**

Now he has been training since the long period of 25 years with Sensei Nishiyama day by day in the „National Karate Institute“ and meanwhile he became Sensei`s best student.

Avi Rokah is a 6<sup>th</sup> Dan in Traditional Karate. He has won in the last years the National Championships of the USA six times (1990, 91, 92, 94, 01 and 2003) and was leading the USA-Team as its captain at the World-Championship 1994 in Italy almost in solo attempt to the title. Also he won the *ITKF* Pre-World-Cup in San Diego/USA in 2001.

Sensei Rokah is well known as one of the greatest Karateexperts of the world. In his hometown Los Angeles he leads the „Traditional Karate Academy“ as its chief-instructor and he teaches Karateseminars and Trainingscamps all over the world. His ability to bring the knowledge of biomechanics, body function and the karate technique together and the way he teaches these points in a clear way are outstanding. He inspires not only by his technical efficiency and by his knowledge about history, philosophy and theory of Traditional Karate, but also by his open and friendly personality.

## **Short way-description:**

**Arrival by car:** Wiener Neustadt is about 25 km in the south of Vienna. Taking the freeway A2 coming from Vienna (North) or from Graz (South) you should take the exit 44 „Wiener Neustadt West“. Driving to the center you leave the street on the first traffic circle after 500 m to the left. After 500 m you are crossing a train crossing and a traffic circle. Stay on the road and go straight ahead. After 500 m you pass the next traffic circle straight till you turn right on the next one (800 m - on the left side there is a car company). Now you are on the Fischauergasse, follow that road till you pass the 3<sup>rd</sup> traffic light. On that traffic light you go straight and after 500 meters on the right side you are at the sports hall.

**Arrival by train:** take a taxi in front of the train station. They will bring you to the sports hall.

**Arrival by plane:** Airport Vienna is about 35 km in the north of Wiener Neustadt. You can go by train or taxi. In special case we can organise a transport. Please contact us in this case minimum 10 days in advance.

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## Participation requirements:

- The seminar is open **FOR ALL GRADES.**
- All participants must have **valid International Insurance.**
- In case of injury the **organisers don't take any responsibility.**

## Schedule:

### Friday, 3<sup>rd</sup>. November 2006

18.00 h - 20.00 h

All ranks together

### Saturday, 4<sup>th</sup>. November 2006

09.00 h – 10.30 h

9. Kyu – 4. Kyu

10.45 h – 12.15 h

3. Kyu – Dan

14.00 h – 15.30 h

9. Kyu – 4. Kyu

15.45 h – 17.15 h

3. Kyu – Dan

### Sunday, 5<sup>th</sup>. November 2006

09.00 h – 10.30 h

9. Kyu – 4. Kyu

10.45 h – 12.15 h

3. Kyu – Dan

14.00 h – 16.00 h

Sayonaratraining for all participants

## Tuition:

<u>Adults:</u>		<u>Kids and Kadetts ( up to 16 years)</u>
ITKF-Members:	55 €	45 €
No members:	65 €	60 €

## Registration:

**All payments should be done cash minimum 1 hour before training session starts. Please use the attached list on the end of the invitation!!**

## Attention:

**Your are invited to join every offered class!!**

## Information:

Shotokan Karateclub Wiener Neustadt  
Markus Baumgartner  
Tel: +43-664-105-72-60  
Fax: + 43-2622-20768  
Email: [austria@karate-do.at](mailto:austria@karate-do.at) oder [karate\\_austria@bigfoot.com](mailto:karate_austria@bigfoot.com)

**[www.karate-do.at](http://www.karate-do.at)**

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## Board and Accomodation:

Attention!! Please make all your reservations by yourself timely in advance !!!

- Information
  - \* Touristinformation City of Wiener Neustadt  
Mrs. Rosemarie Barwitzius  
Hauptplatz 3  
2700 Wiener Neustadt  
Phone: 0043/2622/373-311  
Fax: 0043/2622/373-314  
<http://www.wiener-neustadt.at>  
mailto: [buerger-tourist@wiener-neustadt.at](mailto:buerger-tourist@wiener-neustadt.at)
  - On the web page [www.wiener-neustadt.at](http://www.wiener-neustadt.at) take the english version and click on the button Tourisms and the click on Hotels. Here you get a complete oversight of hotels with prices and contact addresses.
  - There is the possibility to stay overnight in the sports hall. Therefore there is a minimum price to pay. Please bring your sleeping bags etc. by yourself (Please contact Mr. Markus Baumgartner in advance)

## Our advice:

Traditional Karate as it was ment to be and in perfect application!

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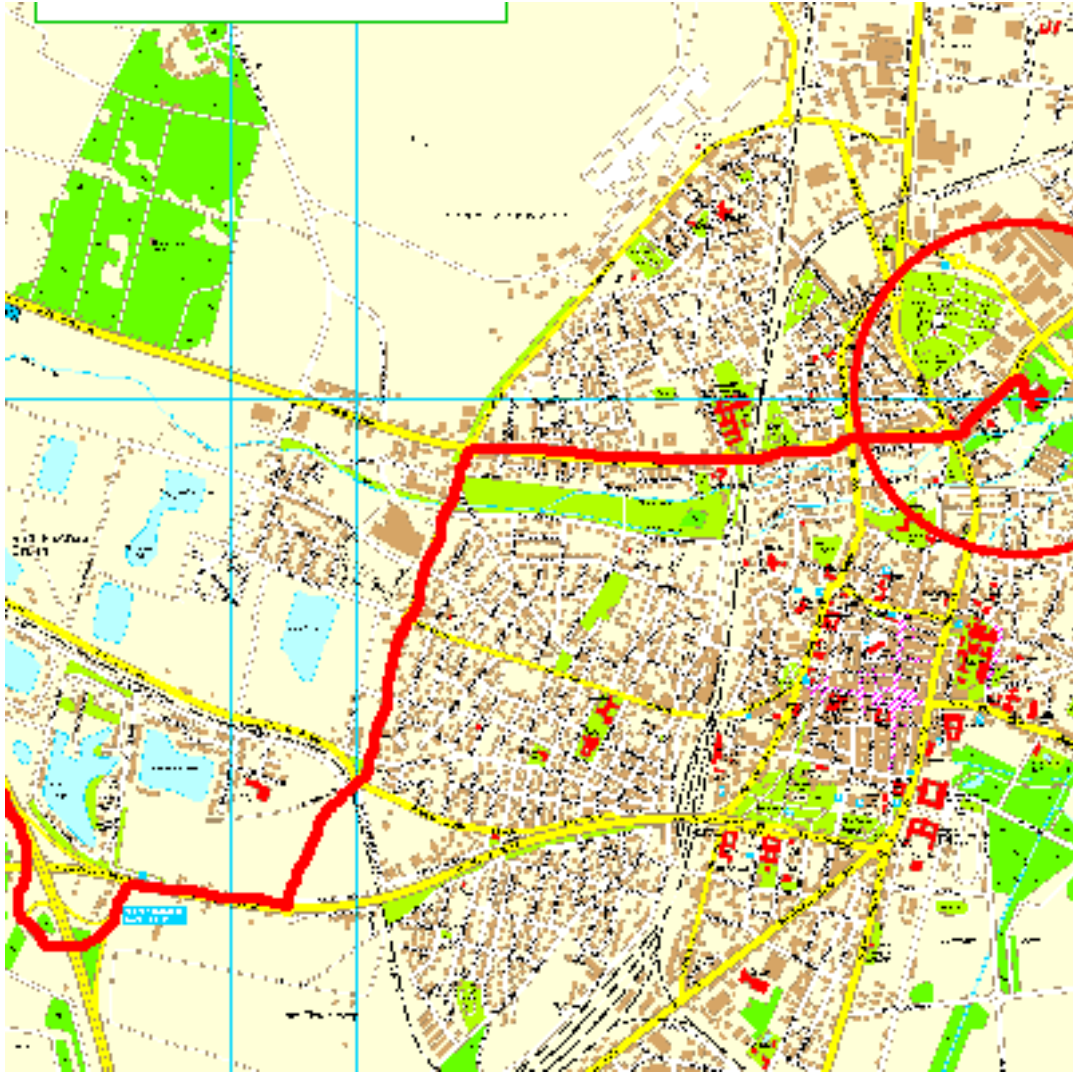
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## Registration Form

Country/  
Federation: \_\_\_\_\_

Side: \_\_\_\_\_

Nr.	Family Name	First Name	Amount	Unterschrift
1.				
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Total Amount: \_\_\_\_\_

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